

Arizona State Committee on Trails presents:

Trails for All People Accessibility on Arizona's Trails



February 27, 2004
Phoenix Zoo - Stone House

Sponsored by:
Arizona State Parks

Partnering with the Maricopa Association of Governments;
National Park Service Rivers, Trails and Conservation
Assistance Program; Bureau of Land Management; City of
Phoenix and Pinal County Trails Association

The Arizona State Committee on Trails is proud to announce its continuing tradition of hosting workshops related to the current needs of Arizona's nonmotorized trails! This year the focus is accessibility on trails.

When you look around, it is easy to assume that only a handful of people cannot use trails; especially the disabled. Did you know that over 17 percent of Arizona's population has some kind of disability, and another 15 percent are seniors? Having a handicap goes beyond wheelchairs and pacemakers! Extra weight, pregnancy, sports injuries, heart disease, and caring for infant and toddlers can turn into a handicap when considering the use of a trail. This conference is designed to help create trails for ALL of us to use.

ADA Trail Design and Guidelines

Presenter: Peter Axelson, Founder and Director of Research and Development of Beneficial Designs and member of the U.S. Access Board.

Peter Axelson will discuss incorporating accessibility guidelines into trail design. Good trail design already incorporates many of the elements needed to address accessibility issues. Mr. Axelson will also touch on the American Disability Act Access Guidelines (ADAAG) that will effect trail related programs, maintenance, design and planning.

Coming of Age: Seniors and Trails

Presenter: Roger Hughes, Executive Director, St. Luke's Health Initiatives.

What will it mean for Arizona, in about 2020, when every fourth person is over the age of 60. Baby boomers are the nation's most visible leaders in nearly every field and will play a substantial role in all parts of every community. Roger Hughes will present information and ideas geared to help you understand how trail accessibility for seniors can enhance your trail program.

Have Hooves, Will Travel...On Trails

Presenter: Jan Hancock, National Board of Directors for American Trails and President of the Arizona Trail Association.

Non-paved, natural surface trails on public lands traditionally pose difficult terrain challenges for people with physical disabilities. In some cases, horses and mules could be the perfect answer for those who want to experience most of our State's trails that are located in natural environments. This session will discuss easy and simple ways to provide access to scores of people in your community. Included in the session will be handouts of construction drawings for an equestrian ramp design and slides of various case studies where equestrian ramps have been successfully implemented in other states.

Feliz Paseos Accessible Park: From Design to Implementation

Presenter: Robie Pardee, Landscape Architect, Pima County Natural Resources Parks and Recreation Department.

Pima County acquired a 50-acre Sonoran Desert site in the Tucson Mountain foothills to design and construct a universally accessible natural resource park. Designed with both natural tread surface as well as a paved loop trail, the park will provide a range of experiences for trail users with disabilities. Mr. Pardee will discuss the park planning process that included an advisory committee representing a diversity of abilities and physical conditions, as well as representatives from accessibility-related programs and agencies. The project is a public-private partnership with the services of professional consultants and construction funding being *donated*.

Universal Trail Assessment Process Overview

Presenter: Peter Axelson, Founder and Director of Research and Development of Beneficial Designs and member of the U.S. Access Board.

The Universal Trail Assessment Process (UTAP) objectively documents the actual conditions in outdoor, natural environments. The UTAP is a tool that land managers, agencies and individuals can utilize to learn about, monitor, improve on and use any outdoor path of travel. The UTAP enhances trail access and the experience for a wide variety of users, including older adults, the inexperienced, families and people with disabilities. An overview of the process will be presented. If there is enough interest, Arizona State Parks will schedule a UTAP Training workshop later in the Spring.

Physical Challenges on the Trail

Presenter: Jim Coffman, Senior Project Manager, Todd & Associates and **Sandy Munoz-Weingarten**, Accessible Outdoor Recreation Coordinator, City of Phoenix.

Jim Coffman and Sandy Munoz-Weingarten will lead this mobile workshop that allows the participant to experience both the paved and unpaved trails with a simulated disability (crutches, impaired eyesight, wheelchair etc). Trail managers, planners and trail maintenance staff will gain beneficial insight into the challenges and barriers on trails. The discussion will revolve around participant experiences and potential solutions.

Retrofitting Trails for Accessibility

Presenter: Tom Fitzgerald, Trails Coordinator, City of Phoenix.

Tom Fitzgerald will lead this hike designed to help the participant understand how existing trails can be altered, sometimes in minimal ways, to accommodate all types of trail users. He will also point out how changing the "little details" could make or break a trail experience for someone who is physically challenged.

Schedule



Friday, February 27, 2004

Registration

8:00 a.m.

Continental Breakfast

8:00 – 8:50 a.m.

General Session

Opening Remarks – Chair of ASCOT

8:50 – 9:00 a.m.

ADA Trail Design and Guidelines

9:00 – 10:30 a.m.

Break

10:30 – 10:45 a.m.

Coming of Age: Seniors and Trails

10:45 – 11:15 a.m.

Have Hooves Will Travel...On Trails

11:15 – 11:35 a.m.

Feliz Paseos Accessible Park:
Design to Implementation

11:35 – 12:00 p.m.

Lunch Provided

12:00 – 1:00 p.m.

Concurrent Afternoon Sessions

Universal Trail Assessment Process (classroom)

1:00 – 3:00 p.m.

Physical Challenges on the Trail (on trail)

1:00 – 3:00 p.m.

Retrofitting Trails for Accessibility (on trail)

1:00 – 3:00 p.m.

Conference concludes at 3:00 p.m.

Participants are free to explore the Phoenix Zoo until closing at 5:00 p.m.



The Arizona State Committee on Trails'
Trails for All People: Accessibility On Arizona's Trails

Name _____

Organization/Affiliation _____

Address _____

Phone _____

E-mail Address _____

Lunch Choice: Roast Beef w/ Cheese ☐ Roast Chicken w/ Cheese ☐

Smoked Turkey w/ Provolone ☐ Sonoran Tuna Salad ☐ Veggie Wrap ☐

Southwestern Crab Salad ☐ Ham w/ Swiss ☐

Afternoon session preference: UTAP ☐ Physical Challenge on Trail ☐

Retrofit for Accessibility ☐

Cost \$35.00 Payment enclosed: ☐ Check or P.O. Number _____

Please make payment to:
Pinal County Trails Association
(Tax ID #270052541)

Return payment and registration
form by **JANUARY 23, 2004** to:

Arizona State Parks
1300 W. Washington St.
Phoenix, AZ 85007
Attn: Annie McVay

Fax: (602) 542-4180
Phone: (602) 542-7116

This conference has been designed
for 5 hours of continuing education units.
It is the responsibility of each professional
to determine if this conference meets
continuing education eligibility requirements
for their professional discipline.

SPACE IS LIMITED. REGISTER NOW!

The Phoenix Zoo is located at 455 N. Galvin Parkway,
Phoenix, 85008.

For directions visit their website at:
www.phoenixzoo.org/zoo/location/map.asp

Bike racks are located east of the main entrance.

Valley Metro Bus Route #3 goes to the Zoo. For Trip
Planning: Call (602) 253-5000.

Hotel Information (\$55 - \$75)

Holiday Inn, 915 E. Apache, Tempe (480) 968-6262
AmeriSuites, 1413 W. Rio Salado, Tempe (480) 831-9800
Best Western, 670 N. Scottsdale Rd, Tempe, (480) 784-2233